

Century High School

Home of the Knights



New Student Guide to Athletics

Director of Athletics

Ashley Hoyt- al Hoyt@carrollk12.org

410-386-4400

Building Principal

Mr. Booz- btbooz@carrollk12.org

410-386-4400

Asst. Principal- Athletics Liaison

Mr. Hicks- tlhicks@carrollk12.org

410-386-4400

Dear Families,

We are thrilled to welcome you to the Century High School Athletic Department! Century High School's athletic mission is to provide a rigorous athletic program, complementing and supporting the curriculum seen in our classrooms. Our goal is to prepare our student athletes for life beyond high school and mold our student-athlete into impactful members of society. The rich history of the Century Knights is built around promoting partnership between student-athletes, school staff, coaches, and families. When this partnership is successful, our students achieve excellence both in the classroom and in their respective sport. At Century, we hold ourselves to the highest level of character and sportsmanship, regardless of competition results. Our student-athletes and spectators are ambassadors for our school, especially when visiting other communities during away competitions. Some of Maryland's finest athletes have walked the halls of Century High School. Their positive impact still reverberates on our campus through the countless championship banners, record books, and elite awards displayed in our school. Inside this document, you'll find all the necessary information to successfully start your career here at Century. We look forward to guiding your journey as a Knight. And remember, Knights Never Quit!

Respectfully,

Ashley Hoyt

Director of Athletics

Athletics Website

<https://chs.carrollk12.org/extracurriculars/athletics>

Our website will provide families with an array of information throughout the year. Important information that our website contains includes:

- A. Coaching Contact Information
- B. Tryout Information
- C. Team Schedules
- D. Sport Registration links
- E. Necessary Forms
- F. Booster Club Information
- G. NCAA Eligibility Information

Sport Registration -FamilyID

<https://www.familyid.com/century-high-school-4744558e-cabe-4f0a-a7fb-a3d229003dc2>

All student-athletes must register for sports via their FamilyID account. Once a family account is created, you must create individual profiles for all children in your family. Throughout this process, you will select what sports your children would like to tryout for and complete the necessary paperwork for athletic participation. Individual profiles are saved and can be updated at any time. All seasons are available to register by May 1st of the previous school year.

Physical Examination Requirements

<https://resources.finalsite.net/images/v1669730374/carrollk12org/io91b0jsmpbh519g8n4z/D-22-23PhysicalExaminationFormfull.pdf>

All Carroll County public school athletes must have a valid physical examination uploaded to the Family ID site. Physical exams are valid for 13 months from the day of the appointment. If athletes can't see their primary care physician before their season starts or before their

current physical exam expires, Patriot Urgent Care will do walk-in physical exams. FamilyID will send updates to families when physicals are close to expiring. It's important to stay on top of physical exams so students remain eligible for participation!

Meet the Coach Night

After tryouts are completed each season, we host our "Meet the Coach Night." During this evening, parents and athletes are welcomed to the Century Auditorium for valuable information from administration and then split to their respective team for team specific information. Booster Club sells apparel and athletic fees can be paid at this event.

Athletic Fees

Once a student-athlete is selected to a team after the three-day tryout period, families must pay the Carroll County Athletic Fee. Athletic fees cover officials, transportation, and coaching salaries. This fee is paid for each season the student-athlete participates in. This fee can be paid online (<https://www.myschoolbucks.com/>) or at our seasonal "Meet the Coach Night." The fee structure is below:

- * \$105.00 per student per sport season
- * \$150.00 cap per family with multiple student-athletes participating per season
- * \$150.00 cap for student-athlete participating in two sports in the same season
- * \$50.00 per student per corollary sport season

Chain of Command

Athletics naturally evoke adversity and conflict. We ask parents to follow the 24-hour rule when communicating concerns or issues as they arise throughout the season unless deemed an emergency. Coaches work hard to give the best experience possible to all student-athletes but if problems arise, please follow the chain of command as outlined below:

Player → Coach

Player/Parent → Coach

Player/Parent → Coach and Athletic Director

Player/Parent → Coach, Athletic Director, Assistant Principal

Player/Parent → Coach, Athletic Director, Assistant Principal, Building Principal

Player/Parent → Coach, Athletic Director, Building Principal, Supervisor of athletics

Attendance

All student-athletes must arrive on time to school to be eligible for practices and games each day. If a student-athlete is leaving early, arriving late, or absent from school for doctor's appointments, college visits, or extreme circumstances, the attendance office must have an official note which needs administrative approval to be eligible for athletic participation. Coaches get daily attendance reports to ensure this policy is upheld.

Uniforms/Equipment

Uniforms and distributed equipment are property of Century High School. At the conclusion of a season, all distributed uniforms/equipment must be returned to the coaching staff. Failure to return items will result in replacement fees and denial of

uniform/equipment for the next season the student-athlete participates in. Uniforms should only be worn on game day and washed regularly.

Transportation

All student-athletes need to ride the school provided bus to and from competitions. If there is a reason a student-athlete cannot make the bus or will not be riding the bus back to Century, the CCPS off-campus transportation permission form must be filled out and returned to school administration. Copies are found outside the athletic office or at the link below.

<file:///C:/Users/alhoyt/Desktop/22-23%20Transportation%20Letter.pdf>

Tryouts

The coaching staff determines the personnel of the team and has authority over the team, team membership, playing time, and team discipline. The use of a tryout rubric is required for team selection. The coach shall meet individually with each student at the conclusion of the tryout period. Students must have a minimum of three practice sessions (from the start of the tryout period) before teams may be selected.

Students who are unavailable at the start of the tryout period may not receive the full three sessions for evaluation. 11th grade students may compete on JV teams in cross country, tennis, track & field, and wrestling. 11th grade students may compete on other JV teams in rare circumstances. Any inclusion of 11th grade students on a junior varsity team must have the approval of the school Principal/designee and the Supervisor of Athletics. Students who join athletic teams after the start of the season are eligible to participate in contests after the 14th calendar day.

Eligibility

To be eligible for activities, students will need to earn a 2.0 GPA with no failing grades at the end of each quarter. Quarter grades are used to determine eligibility. This includes Dual Enrollment courses (final grades) taken at Carroll Community College. Students who are academically ineligible will have the opportunity to use the one-time restricted eligibility process at their disposal. Students who wish to use the one-time restricted eligibility must contact Mrs. Hoyt to start the process. Using the one-time restricted eligibility process will allow students to tryout, practice, and be a member of a team, but not compete in contests until the interim grades are released. Students can regain full eligibility at the interim period if they have a 2.0 and no failing grades.

Locker Rooms

Century High School provides team rooms for each individual team within our Locker Rooms. Team rooms includes lockers which we encourage you to provide a lock for. Team rooms are open in the morning starting at 7:15am and locked before first mod and will then be unlocked at the conclusion of the school day. All practice/game gear needs to be placed in the team rooms during school hours! Locker rooms are not a hangout, they should be used for coach supervised meetings/pre and post competition meetings and changing for practices/competitions.

Study Hall/Supervised Hangout

Century High School provides an after-school study hall option for teams who have practices in the later slots. Study hall runs from 2:30-3:30 in the café. If students don't have work to complete, they can hangout in small groups and wait for practices.

Athletic Booster Club

Athletic Boosters are in DESPERATE need of volunteers. The Booster Club supports **ALL** Century teams providing items such as: uniforms, supplies, equipment, scoreboards, championship apparel, field upkeep and upgrades, and award scholarships each year to senior athletes. Without the booster club, it would be nearly impossible to effectively operate Century Athletics. Please consider joining, no matter how big or small you want your role to be, we welcome everyone!! Athletic boosters meet monthly. Please reach out to our current President Shaun Poulton (spoulton27@yahoo.com) if you are interested in joining our team!

SportsYou

All communication with coaches should be through their CCPS email or the SportsYou app. SportsYou will be used by all Century teams for communication, practice and event cancelations or modifications, or other important information pertaining to the team members. Please download and become familiar with this app. Reach out to specific coaches directly for a QR code or the access code to join specific team apps.

Social Media

@Century_Knights

Century Athletics operates a Twitter page for game announcements, game modifications, award recognition, results, and other importation information. If you are looking for the most up to date and accurate information, we encourage you to follow this page.

Spectator Expectations

Century expects our fans to be loud and proud but in a positive manner. We do not tolerate profanity, derogatory comments or other intimidating actions directed at players, officials, coaches, and event staff. We do not allow targeting of any coach, official, or athlete via name or number. Our campus is a substance free campus, alcohol,

drugs, tobacco, and vaping products are not permitted on school grounds. Failure to abide by these expectations will result in removal from the contest and an additional one game suspension.

Season Passes/Admission

Admission to all in county games is \$5. Tickets can be purchased on gofan.co or on the GoFan app. Century High School also sells all season passes, which can be purchased during Meet the Coach night. Each pass is \$75 or a family 4 pack is \$225. These passes are accepted only at home events during the regular season. Playoffs and road games are excluded.

MPSSAA

Century High School competes in the Maryland Public Secondary School Athletic Association. We typically compete as a 2A school with some sports bouncing between 1A and 2A depending on the year. All state seeding, tournament information, ticket pricing, and other important MPSSAA information can be found on their website <https://www.mpssaa.org/>

Start Dates

All Fall Sports will start Wednesday, August 9th

All Winter Sports will start Wednesday, November 15th

All Spring Sports will start Friday, March 1st

Century Athletic Sport Offerings

Fall Offerings

Boys Soccer

Football

Cheerleading

Girls Soccer

Corollary- Outdoor Track

Golf

Cross County

Volleyball

Field Hockey

Winter Sport Offerings

Boys Basketball

Girls Basketball

Cheerleading

Indoor Track

Corollary- Bowling

Wrestling

Spring Sport Offerings

Baseball

Softball

Boys Lacrosse

Tennis

Corollary- Corn Toss

Track & Field

Girls Lacrosse