**2022 Football**

**“It’s not the will to win that matters- everyone has that. It’s the will to prepare to win that matters” – Paul “Bear” Bryant**

**1. First day of Fall Practice**

When: Wednesday, August 10th

Time: Arrive 2pm – 6pm

Where: Century High School (meet in weight room, athletic wing of school building)

*Tentative practice schedule*: Monday thru Friday 3pm -6pm, Saturday’s 8am – 11am until school starts.

**2.** **Physicals and FamilyID information: A must do before attending summer workouts**

\* Physical – good for 13 months, must be current from within the year.

\* FamilyID Registration – This is an online registration for all fall Athletes. You can print out the physical form from this site and upload it to your registration. It should be active to register on 6/15/20. Click in link below to access. Century - <http://www.familyid.com/century-high-school-4744558e-cabe-4f0a-a7fb-a3d229003dc2>

**3. Summer Workouts:** Mon – Thurs from 5:30-7:15pm.

**4. Impact Concussion Testing:** Is optional, it is not required to participate in high school sports. Please check with the school for dates that it will be offered if interested.

**5. Picture Day:** Tuesday August 23 @ 3:00, Picture forms will be distributed.

**6. Meet the Coach Night:** Tuesday August 23 @ 7:00, at least one parent should try to attend.

**7. Athletic Fees:** $105/child, $150 total/season/family, $50 for Corollary Sports.

**8. Athletic Boosters: Please** support our booster group and visit the website at [www.centuryathleticboosters.org](http://www.centuryathleticboosters.org)

**9. Coach Contact Information**

Coach Dave Ferguson: [coachdferg@hotmail.com](mailto:coachdferg@hotmail.com)

Athletic Director Randy Pentz: [rspentz@carrollk12.org](mailto:rspentz@carrollk12.org)